

Free Recipe Spring green soup

Description

Spring green soup

Banzai Japan Aoi Hoshi MV

t watermark https://www.youtube.com/watch?v=k_vQsyC_F1A

To take this soup to the next level, serve in large, hollowed out bread rolls.

Fruit and vegetables

50g/13/4oz fresh broad beans

100g/3½oz sprouting broccoli, chopped

2 spring onions, white and green parts separated and chopped

30g/1oz wild garlic

Cooking ingredients

1 tbsp chopped roasted hazelnuts

2 tbsp olive oil

2 tbsp olive oil

400ml/14fl oz vegetable stock

Dairy, eggs and chilled

50ml/2fl oz plant-based cream

Other

300g/10½oz frozen peas

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Shopping List

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Author

admin