



Free Recipe Slow cooker lamb shoulder

Description

Slow cooker lamb shoulder

[Banzai Japan](#)
[Aoi Hoshi MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A

If you'd like to intensify the flavour of the gravy, substitute 1–2 tbsp cornflour with lamb or beef gravy granules. Add in the same way, simmering on the hob until thickened.

The size of the lamb joint you can cook depends on the size and shape of your slow cooker. Make sure you don't buy one that's too big.

Fruit and vegetables

2 small carrots, trimmed, scrubbed and halved lengthways

3 garlic cloves, crushed or finely chopped

1 large onion with skin left on, thickly sliced

2 rosemary sprigs, needles picked and finely chopped (or 2 tsp dried)

fresh rosemary or thyme sprigs, to garnish (optional)

Tins, packets and jars

mint sauce, to serve

2 tbsp redcurrant jelly, plus extra to serve

Cooking ingredients

salt and freshly ground black pepper

2–4 tbsp cornflour (or gravy granules, see tip)

2 tsp olive oil

Meat, fish and poultry

1 lamb shoulder (about 1.5kg/3lb 5oz), boned and rolled

Other

600ml/20fl oz hot lamb stock (made with a stock pot if possible)

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[Hotel Hilton London Excel](#)

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<https://www.youtube.com/watch?v=Bs7ghOFruVw&t=1s>

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Shopping List

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Other

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<https://www.youtube.com/watch?v=xLACjvoMXpQ>

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