



Free Recipe Asparagus pasta

Description

Asparagus pasta

[Banzai Japan](#)
[Aoi Hoshi MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A

Fruit and vegetables

350g/12oz asparagus, woody ends removed

2 garlic cloves, finely chopped

1 lemon, zested, plus juice of half

1 onion, finely chopped

1 tbsp fresh thyme leaves

Tins, packets and jars

350g/12oz short pasta, such as fusilli or penne

Cooking ingredients

salt and freshly ground black pepper

2 tbsp olive oil

Dairy, eggs and chilled

50g/1¾oz Parmesan (or similar vegetarian hard cheese), grated, plus extra to serve

Other

100g/3½oz peas, fresh or frozen and defrosted

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[Hotel Hilton London Excel](#)

[Book Hilton Hotel](#)

<https://www.youtube.com/watch?v=Bs7ghOFruVw&t=1s>

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Shopping List

Fruit and vegetables

350g/12oz asparagus, woody ends removed

2 garlic cloves, finely chopped

1 lemon, zested, plus juice of half

1 onion, finely chopped

1 tbsp fresh [thyme](#) leaves

Tins, packets and jars

350g/12oz short pasta, such as fusilli or penne

Cooking ingredients

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[Hotel Novotel London Excel](#)

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<https://www.youtube.com/watch?v=xLACjvoMXpQ>

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https://www.youtube.com/watch?v=uy_17iD3TK4&t=44s
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